

# Pupil questionnaire

Date \_\_\_\_\_

## Section A: You and your journey to school

Q1 a) What is your name? \_\_\_\_\_

b) What is your home postcode? \_\_\_\_\_

Q2 How old are you?

Q3 Which school year are you in?

Q4 Are you a girl  or a boy?

Q5 How do you usually go to school? (for the main part of your journey)

walk  train

cycle  car

school bus  other

other bus

Q6 How would you like to go to school?

walk  train

cycle  car

school bus  other

other bus

## Section B: More about your journey to and from school

Q7 How far is it from home to school by the route you usually use?

(Ask someone to help you if you don't know.)

less than 1 km

at least 1 km but less than 2 km

at least 2 km but less than 3 km

at least 3 km but less than 5 km

at least 5 km

**Q8 Do you usually go to school ...**

on your own	<input type="text"/>
with an adult	<input type="text"/>
with other children	<input type="text"/>
with an adult and children	<input type="text"/>

**Q9 If you go to school by car, how many other children at your school are usually in the car as well?**

**Q10 How do you usually go home from school?  
(for the main part of your journey)**

walk	<input type="text"/>	train	<input type="text"/>
cycle	<input type="text"/>	car	<input type="text"/>
school bus	<input type="text"/>	other	<input type="text"/>
other bus	<input type="text"/>		

**Q11 How would you like to go home from school?**

walk	<input type="text"/>	train	<input type="text"/>
cycle	<input type="text"/>	car	<input type="text"/>
school bus	<input type="text"/>	other	<input type="text"/>
other bus	<input type="text"/>		

**Q12 Do you usually go home from school ...**

on your own	<input type="text"/>
with an adult	<input type="text"/>
with other children	<input type="text"/>
with an adult and children	<input type="text"/>

**Q13 If you go home from school by car, how many other children at your school are usually in the car as well?**

**Q14 Do you own a bicycle?** yes / no

**Q15 Do you have a bus or train pass?** yes / no

**Q16 How many cars are there at home?**

**Section C: What you think about different ways to go to school**

**Q17 What do you/would you like about walking to school?**

Tick up to 3 things you like/would like the most.

- I can travel without an adult
- I can choose my own route
- It helps me arrive on time
- I can do things on my way to school
- I can do things after school
- I can talk with friends
- It saves money
- It is enjoyable
- It makes me feel healthier
- It is better for the environment
- Other (specify) .....
- .....

**Q18 What do you/would you like about cycling to school?**

Tick up to 3 things you like/would like the most.

- I can travel without an adult
- I can choose my own route
- It helps me arrive on time
- I can do things on my way to school
- I can do things after school
- It is fast
- It saves money
- It is enjoyable
- It makes me feel healthier
- It is better for the environment
- Other (specify) .....
- .....

**Q19 What do you/would you dislike about walking to school?**

**Tick up to 3 things you dislike/would dislike the most.**

- There is too much traffic
- The traffic is too fast
- I am afraid of having an accident
- I have too much to carry
- The pavements are too narrow
- There are not enough crossing places
- I may be bullied
- A stranger may approach me
- I get wet when it rains
- It is too far to walk
- Other (specify) .....
- .....

**Q20 What do you/would you dislike about cycling to school?**

**Tick up to 3 things you dislike/would dislike the most.**

- There is too much traffic
- The traffic is too fast
- I am afraid of having an accident
- I have too much to carry
- There is nowhere safe to leave my bike
- There are no cycle lanes
- I may be bullied
- A stranger may approach me
- I get wet when it rains
- It is too far to cycle
- Other (specify) .....
- .....

Section D: What would make the different ways to go to school better?

**Q21 What would make walking to school better, or encourage you to walk?**

Tick up to 3 things that are most important

- Wider pavements
- Cleaner pavements
- Better lighting
- Less traffic
- Slower traffic
- School lockers to leave belongings in
- More children to walk with
- Cars not entering the school grounds
- More school crossing patrols
- Safer places to cross the road
- Training on how & where to cross the road safely
- An entrance away from cars
- Nothing - it is too far to walk
- Nothing - my parents won't let me
- Other (specify) .....
- .....

**Q22 What would make cycling to school better, or encourage you to cycle?**

Tick up to 3 things that are most important

- More cycle lanes
- Less traffic
- Slower traffic
- School lockers to leave belongings in
- A safer place to leave my bike
- More children to cycle with
- Showers at school
- Cycle training
- Safer ways for cyclists to cross the road
- Cars not entering the school grounds
- An entrance away from cars
- Nothing - I don't have a bike
- Nothing - my parents won't let me
- Other (specify) .....
- .....

**Q23 What would make going to school by bus or train better, or encourage you to? Tick up to 3 things that are most important**

- A bus stop closer to home
- A bus stop closer to school
- Buses running more often
- Trains running more often
- Cheaper fares
- More children to travel with
- A shelter at the bus stop
- School lockers to leave belongings in
- Training on how to use buses and trains
- A safer route to the bus stop
- A safer route to the station
- Nothing - I live too near to school
- Nothing - my parents won't let me
- Other (specify) .....
- .....

**Q24 Have you been involved in an accident on your way to or from school in the last year?**

yes / no

**If yes, were you hurt?**

yes / no

**How many days were you off school for?**

**How were you travelling?**

- walking
- cycling
- school bus
- other bus

- train
- car
- other
- .....

**Q25 Have you been involved in a near-miss on your way to or from school in the last year?**

yes / no

**If yes, how were you travelling?**

- walking
- cycling
- school bus
- other bus

- train
- car
- other
- .....

## Section E: Your health and fitness

**Q26 How often do you play sport or exercise outside school hours?**

most days	<input type="text"/>
twice a week	<input type="text"/>
once a week	<input type="text"/>
less than once a week	<input type="text"/>
never	<input type="text"/>

**Q27 How long do you usually exercise for each week, on average?**

15 minutes or less	<input type="text"/>
about half an hour	<input type="text"/>
about an hour or more	<input type="text"/>

**Q28 If you have a bicycle, how many times have you ridden it in the last 7 days, not counting school journeys?**

once	<input type="text"/>
twice	<input type="text"/>
three or more times	<input type="text"/>
none	<input type="text"/>

**Do you wear a cycle helmet when you ride your bicycle?**

yes	<input type="text"/>	no	<input type="text"/>
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**Q29 Do you wear or carry reflective or fluorescent gear when you walk or cycle?**

yes	<input type="text"/>	no	<input type="text"/>
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**Q30 Are you allowed to go to the shops or a friend's house on your own?**

yes	<input type="text"/>	no	<input type="text"/>
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**If yes, how many times have you done this in the last 7 days?**

once	<input type="text"/>
twice	<input type="text"/>
three or more times	<input type="text"/>
none	<input type="text"/>

**Thank you for your help**